

THE HARBOUR CLINIC SHORT INTAKE

Name _____ Date of Birth _____

Address _____ City/State/Zip _____

Email _____ Age _____ M/F _____

Home phone _____ Cell phone _____

Emergency contact/phone # _____

Pregnant? _____ On Blood Thinners? _____ Allergic to Latex? _____ Stress Level 0-10 _____

History of heart issues? _____ Do you have a pacemaker? _____ Implants? _____

Any Piercings (other than ears)? If so, where? _____

Do you have: Cancer? _____ Hepatitis A,B,orC? _____ HIV? _____ Other? _____

List accidents, surgeries, major illnesses: _____

Medications/Supplements/Herbs _____

How much water do you drink per day? _____ glasses. Do you exercise? _____

Eat/drink dairy? _____ Do you use ice? _____ Have you ever had acupuncture? _____

CHIEF COMPLAINTS HOW LONG HAVE YOU HAD THIS INTENSITY 0-10

1. _____ / _____ / _____

2. _____ / _____ / _____

3. _____ / _____ / _____

If you have pain, where is it located? _____

(If you need more space for answers, please use back of page)

Signature _____ Date _____